



SNOWSHOE TRAILS

#ÉMOTIONS ALPINES

WINTER 2024



SAINT-GERVAIS
TOURIST INFORMATION OFFICE

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MONT-BLANC

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SNOWSHOE RENTAL
EXCURSIONS

IN LE BETTEX

- Ago sport +33 (0)4 50 47 76 64
- Clémence Randonnée apertigloormontgervais@gmail.com +33 (0)4 50 47 76 64
- Intersport +33 (0)4 50 93 11 40
- Le Refuge +33 (0)4 50 47 75 97
- Le Refuge et yoga +33 (0)4 50 47 75 97
- Compagnie des guides de Saint-Gervais / Les Contamines +33 (0)4 50 55 81 42
- Loca Ski Sport 2000 +33 (0)4 50 93 16 49
- Compagnie des guides de Saint-Gervais / Les Contamines +33 (0)4 50 93 17 18
- Nerey Glisse - Skium +33 (0)4 50 93 47 87
- Les Contamines +33 (0)4 50 47 76 55
- Entrecimes +33 (0)4 50 93 53 79
- Chemin d'en Haut +33 (0)4 50 93 53 79
- Ski Plus Télécabines +33 (0)4 50 47 03 61
- Evolution 2 +33 (0)4 50 90 99 61
- École de ski et d'aventure +33 (0)4 50 55 54 55
- Janett Glisse +33 (0)4 50 58 51 87

IN SAINT-NICOLAS DE VÉROCE

- Mont Joly Sport +33 (0)4 50 93 21 23
- Penz Pierre et fils +33 (0)4 50 96 49 58
- Skium +33 (0)4 50 93 21 23

DESIGN: MIPRESSION KAUSTINE

Crédits photos : © iStock - Pascal Tournare - Pascal Alenamy - Boris Moliner - Tramway du Mont-Blanc / C. Masse
Compagnie des Guides Saint-Gervais / Les Contamines - Pascal Alenamy - Boris Moliner - Tramway du Mont-Blanc / C. Masse



TRANSPORT

For trails starting from Le Bettex or Mont d'Arbois: by cable car between Saint-Gervais and Le Bettex and between Le Bettex and Mont d'Arbois (pedestrian fare).

For trails starting from Saint-Nicolas de Véroce: by car or by Facilibus (bus stop: Route de la Croix arrivée).

For trails starting from the Crozat car park in Bionnassay: drive to Bionnassay, through the village to the Crozat car park. Warning: this is a mountain road, beware of snow. No Facilibus service to Bionnassay. It is possible to take the Mont-Blanc Tramway to join the trail Chemin de Bionnassay Bellevue.

SAFETY

- Never venture out alone.
- Wear fur-lined boots, good walking shoes or crampons and carry poles if necessary.
- Take warm clothes with you.
- Don't overestimate your physical capacity and always carry food and drink.
- Inform someone of your itinerary and the approximate time of your return.
- In the event of an emergency, call 112.
- Before embarking on a long walk, remember to check the weather forecast at: +33 (0)8 99 71 02 74, www.meteo

RESPECT WILDLIFE

In winter, wild animals such as chamois, ibex, black grouse and rock ptarmigan are vulnerable to the cold and lack of food. To protect themselves, they take shelter in the forest or in igloos. When disturbed, their reaction is to flee, expending their energy needlessly. Repeated disturbance weakens them considerably.

KEY

- Mont-Blanc Tramway
- Cable car
- Gondola
- Orientation table
- Refuge
- Restaurant
- Picnic room
- Church
- Baroque decor
- View point
- Toilets
- Car park
- Tourist Office
- House, farm, hamlet or village

RECOMMENDATIONS

Pedestrians and cross-country skiers often share the same trails. It is therefore necessary to observe a few basic rules of mutual respect. Do not walk in the cross-country ski tracks.

SIGNPOSTS
FOR ALL THESE ITINERARIES, FOLLOW THE PURPLE SIGNPOSTS.

HELP TO PROTECT WILDLIFE

- Stay on the marked trails and do not multiply the tracks.
- Keep dogs on a lead at all times. A dog is considered a predator by wild animals.
- If you encounter a wild animal, stop immediately. Let the animal walk away calmly to save vital energy.



CHEMIN DE BIONNASSAY BELLEVUE

ROUND TRIP:
2 HOURS
45 MINUTES

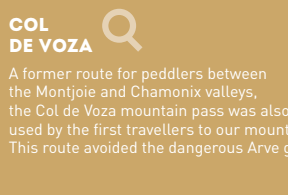
ELEVATION: 361 M

DISTANCE:
ROUND TRIP
9,2 KM

After a steady and sunny climb towards the more open landscapes of Col de Voza, enjoy sweeping panoramic views of the Mont-Blanc range in the foreground, the Bionnassay glacier and the Aiguilles de Chamonix.

The trail continues to the right, parallel to the Tramway line, towards the viewpoint at Bellevue. Operating in winter and summer, the TMB - originally designed to reach the summit of Mont Blanc - takes young and old on a journey back in time.

COL DE VOZA
A former route for peddlers between the Montjoie and Chamonix valleys, the Col de Voza mountain pass was also used by the first travellers to our mountains. This route avoided the dangerous Arve gorge.



BOUCLE DE BIONNASSAY

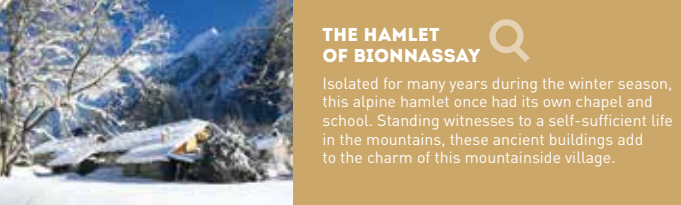
CIRCUIT:
1 HOUR

ELEVATION: -120 M

DISTANCE:
2,7 KM

This easy itinerary, in and out of the forest, boasts magnificent scenery with the Aiguille de Bionnassay in the backdrop. Accessible to all.

THE HAMLET OF BIONNASSAY
Isolated for many years during the winter season, this alpine hamlet once had its own chapel and school. Standing witnesses to a self-sufficient life in the mountains, these ancient buildings add to the charm of this mountainside village.



BOUCLE DU PLATEAU DE LA CROIX

CIRCUIT:
2 HOURS
5 MINUTES

ELEVATION: 408 M

DISTANCE:
5,5 KM

Once the circuit in Saint-Nicolas completed, keen snowshoe walkers can enjoy the longer trail around Plateau de la Croix. This varied itinerary, running past ancient farmhouses to finish along the Baroque footpath, boasts magnificent panoramic views of Plateau de la Croix. A beautiful walk!



PETITE BOUCLE DE SAINT-NICOLAS

CIRCUIT:
1 HOUR

ELEVATION: -115 M

DISTANCE:
2,3 KM

THE CHURCH OF SAINT-NICOLAS DE VÉROCE
After a nature trail, enjoy a cultural escapade to visit the church of St-Nicolas. A jewel of sacred Baroque art in the Savoie region, dating from 1726, it was decorated by the artists and craftsmen of Val Sésia. In Les Contamines, Cordon or Combloux, the Baroque footpath is an absolute must in summer and winter alike.



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CHEMIN DU MONT D'ARBOIS — BETTEX

DOWNHILL ITINERARY:
2 HOURS
15 MINUTES

ELEVATION: - 433 M

DISTANCE:
4,6 KM

This itinerary runs downhill from the summit of the gondola, where food and refreshments are available. The more sporty may prefer the challenging uphill climb.

MONT D'ARBOIS



BOUCLE DU BETTEX — LES COMMUNAILLES

FROM LE BETTEX (foot of the slopes).

CIRCUIT:
1 HOUR
50 MINUTES

ELEVATION: 201 M

DISTANCE:
4,9 KM

This circuit starts very gently along a wide, flat path before climbing towards Entre-Deux-Nants. Very sunny in the morning, the itinerary boasts panoramic views of Mont-Joly and the Mont-Blanc range. Restaurants in both Le Bettex and Les Communailles.



PLATEAU DE LA CROIX — PORCHEREY

FROM LES COMMUNAILLES

CIRCUIT:
1 HOUR
50 MINUTES

ELEVATION: 176 M

DISTANCE:
4,9 KM

Located at a junction on the slopes, between Saint-Gervais, Mont Joly and Saint-Nicolas de Véroce, the Porcherey mountain pasture boasts magnificent scenery.

ANIMAL TRACKS
Although it is rare to spot wild animals in the forest in broad daylight, it is possible to see their tracks in the snow. One should resist the temptation to follow the footprints and respect their natural habitat.



PLATEAU DE LA CROIX — PORCHEREY

UPHILL ITINERARY:
2 HOURS

ELEVATION: 247 M

DISTANCE:
2,6 KM

Located at a junction on the slopes, between Saint-Gervais, Mont Joly and Saint-Nicolas de Véroce, the Porcherey mountain pasture boasts magnificent scenery.

THE ORIGIN OF THE NAME PORCHEREY
Porcherey can mean both pig and wild boar. In the summer pastures, the domestic species caused as much damage as the wild species. To prevent the pigs from burrowing and damaging the meadow, a mettle ring was inserted in their snouts.

